

## BFS SATURDAY MINIS: INFORMATION



BFS Saturday Minis is an outdoor weekend club designed for children aged 3-5 years and their parents/carers to embrace nature's calm and the woodland's seasonal changes.

This holistic group seeks to provide a variety of physical, creative and social opportunities for the whole family to enjoy: it's a fantastic way to start the weekend with fun and fresh air!

**A TYPICAL SESSION** lasts two hours; we'll meet in the car park and congregate at the woodland entrance to collect our Saturday Minis medals. Wearing these with pride, together we'll walk into the woods orienteering with coloured ribbons.

Each session will begin with us working on a new project together: learning about nature's cycle or how to use traditional tools, improving the woodland for its plants and creatures, foraging or hunting for something seasonal and special or getting crafty and creative.

The children will then have choice time in our exciting play area where they can roam free or interact with you in one of our activity areas: the mud kitchen, the crafty roundhouse, the digging bed and more. Here we'll also provide a new independent activity for the children to explore at will, before joining together for some outdoor cooking and eating!

**FOOD/DRINK** Every session we will do campfire cooking for a snack or hot drink. This is made a large feature of with the children actively participating in the food preparation and joining together around the fire to eat. Food sustainability is very important to us and as such all ingredients are locally sourced, Fair-trade, free-range, and organic whenever possible.

**PAYMENT** is due before the start of each term for all sessions in that block - BFS Saturday Minis costs £12 per child per session (discounts available for siblings in either Saturday Club).

**SIGNING UP** Forest School is most beneficial over a series of sessions. BFS Saturday Minis has been designed for children to attend monthly on a long-term basis (one to two years – before moving up to the parent-free Saturday Adventurers). To join BFS Saturday Minis please follow this link <http://bit.ly/PreschoolAutumn2018>

**OUR SITE** Bristol Forest School is situated in the beautiful, private woodland at Leigh Court Farm, where we have developed a variety of specialised play-based, exploratory areas for children - and we're making more all the time!

## CONTACT INFORMATION

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