

BFS FOREST FOLK: INFORMATION



Forest Folk is an outdoor group for children aged 3-5 years and their parents/carers to embrace the woodland's seasonal changes: we'll dive into piles of crunchy autumn leaves, splash in puddles, listen to bird song, watch spring flowers emerge and bask in the summer sunshine of our woodland glade.

FOOD/DRINK Our regular campfire cooking is made a large feature of with the children actively participating in the food preparation and joining together around the fire to eat. Food sustainability is very important to us, therefore all the ingredients we use are vegetarian, locally sourced, Fairtrade and free-range (and organic whenever possible).

A TYPICAL SESSION lasts 1hr 30mins. We'll meet at the woodland entrance to receive our Forest Folk medals then together we'll orienteer through the woods following coloured ribbons.

Each session we'll work on a new project together such as collecting materials, using woodwork tools, nurturing wildlife, making nature-based arts and crafts and foraging for campfire treats.

The children will then have choice/free-play time when you'll be able to encourage or play with them as necessary. As the children gain in confidence they'll begin to roam independently leaving you to relax! Your little one could join you from the Leaf Kitchen with platters of forest feasts or emerge from the dens with a wriggly worm clenched in charcoaled hands to show and tell.

The children will be tired out from the fresh air and fun, hopefully falling asleep on the way home!

PAYMENT is collected in termly blocks. BFS Forest Folk costs £10 per child, per session. Siblings under 3 years come for free; siblings aged 3-5 years pay £3 per session. Fees are due in advance for all sessions in that block.

TO SIGN UP or to join our waiting list please follow this link: <http://bit.ly/PreschoolAutumn2018>

ENROLMENT Forest School is most beneficial over a series of sessions. Forest Folk has been designed for children to attend long term (one to two years), before they begin school/kindergarten.

OUR BFS SITE is in the beautiful, private woodland at Leigh Court Farm. Our play area includes tunnels, dens, percussion, seesaw, skittles, balancing logs, climbing net, leaf kitchen, charcoal painting, chalk drawing, digging bed and Baby Box - and we're making more all the time!

CONTACT INFORMATION

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