

## BFS TINY TREES: INFORMATION

Tiny Trees is an introduction to Forest School: an outdoor play-group for adults and children aged 1–3 years. Little ones can begin exploring the woods, interacting with nature and enjoying the outdoors in this low-pressure, free-flow session.



In authentic Scandinavian Forest Schools, well-clothed babies sleep outdoors with birdsong as their lullaby. When awake they are able to investigate their surroundings by crawling through grass and mud, and exploring various natural objects. Young walkers extend this with play and choice activities. We aim to recreate this environment for Tiny Trees.

We hope our woodland's calm and peaceful environment will allow parents to relax and chat while children explore or sleep. Tiny Trees will also incorporate an adult-led woodland activity – campfire cooking, seasonal crafts and basic woodwork.

**FOOD/DRINK** Tiny Trees includes regular campfire cooking of snacks/hot drinks. Food sustainability is very important to us, therefore all the ingredients we use are vegetarian, locally sourced, Fairtrade and free-range (and organic whenever possible).

**A TYPICAL SESSION** lasts one and a half hours. You'll be greeted at our entrance to collect your woodland medal before gently strolling through the woods (orienteering different routes with coloured ribbons) to reach our central play-space. Each session will include several familiar child-led play resources as well as new objects and a new activity to explore.

**PAYMENT** is collected in termly blocks. BFS Tiny Trees costs £8.50 per child per session, siblings are charged at £3 per session (baby siblings under one year come for free). Fees are due in advance for all sessions in that block.

**TO SIGN UP** or to join our waiting list please follow this link: <http://bit.ly/PreschoolAutumn2018>

**ENROLING** Forest School is most beneficial over a series of sessions; BFS Tiny Trees sessions have been designed for children to attend long term, with a new activity planned each time in a 1-2 year cycle. This way the children's knowledge, confidence and independence in 'their' woods are developed over time. It also lays the foundation for our more structured Forest Folk Pre-School.

**OUR BFS SITE** is in the beautiful, private woodland at Leigh Court Farm. Our Tiny Tree play area includes tunnels, dens, percussion, seesaw, skittles, balancing logs, climbing net, leaf kitchen, charcoal painting, chalk drawing, digging bed and Baby Box - and we're making more all the time!

## CONTACT INFORMATION

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